



Just-In-Time Online Medical  
Learning Platform

An online mentored workshop  
on how to  
**Integrate Mental Health and  
Well-Being in Your Organization's  
Work Culture**




Featuring

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Studies have revealed that there is a direct impact of an employee's mental health on productivity, and workforce wellbeing can substantially enhance the outcomes by lessening the attrition rates and reducing absenteeism, thereby enhancing overall productivity of the organization.

However, with the stigma associated with mental health, there's very less number of personnel that address the issue, and that's why it's important for organizations to communicate effectively on the subject and develop policies and strategies that promote mental wellbeing of individuals in the organization.

Incorporating mental health initiatives and investments in organization will not only ensure improved outcomes but also ensure overall well-being of the workforce.

**By taking part in this  
Mentored Workshop, you  
will get a comprehensive  
coverage of**



# The impact of mental health on your workforce and overall productivity

- Understand mental health and mental illnesses at workplace
- Know how mental health problems cost a loss of \$1 trillion to the global economy
- Understand the role of management and human resource professionals in reducing the impact of mental health problems on your organization's goals

## Common mental health concerns, signs, and symptoms

- Learn about the types of mental health issues that can affect your workforce
- Identify the symptoms to take proactive actions
- Understand the behavioral changes due to mental health issues



# The importance of empathy in communication

- Learn to communicate empathetically with the employee going through mental health issues
- How to involve employees in the decision-making process and instill a sense of control & participation, thereby maintaining a morale boost

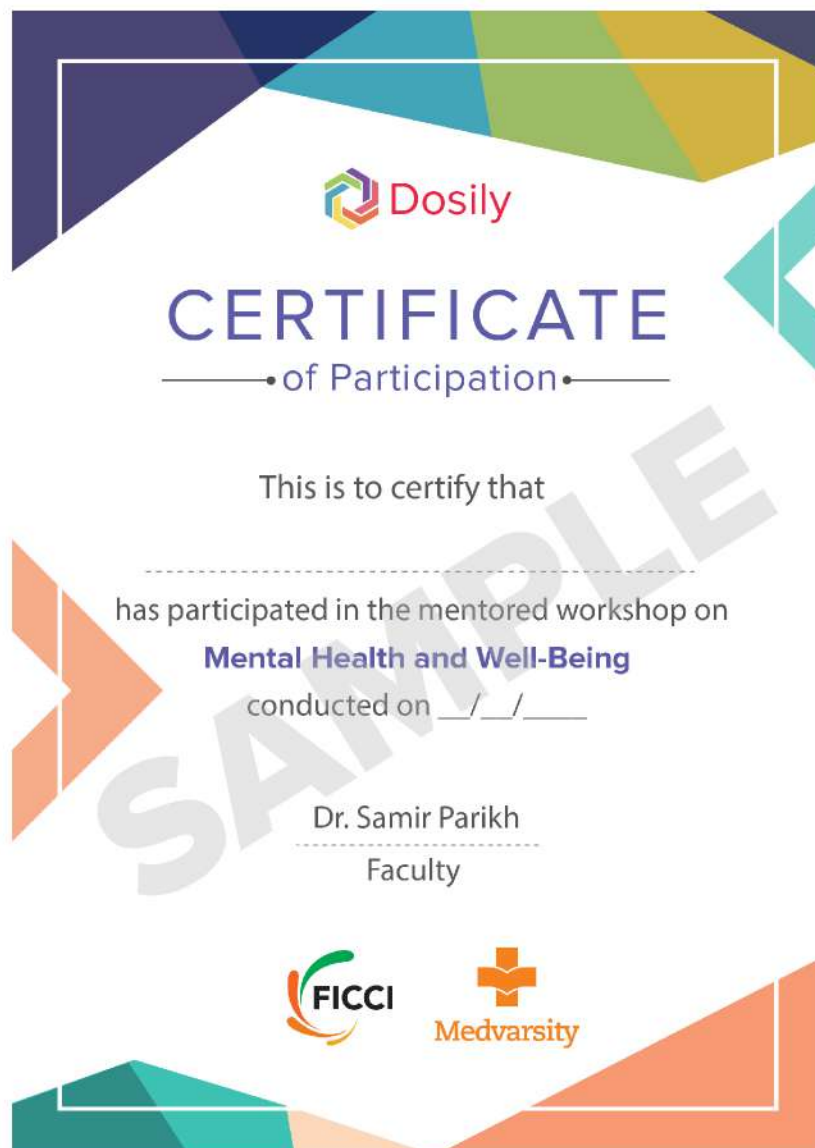
## Essentials of self-care in mental health

- The importance of organizational self-care or collective self-care
- Reduction of burnout and compassion fatigue in organization
- Encourage the growth of staff and improve job satisfaction

# What will you get?

- Certificate from Dosily, Medvarsity Online Limited, and FICCI after the completion of the session
- Privilege to be among only 50 attendees who will have a personal interaction with the expert

**Price of the Workshop – INR 8,000 + GST only**  
**Number of Seats – 50 no's**





# About The Expert

- One of the leading academic experts in the field of mental health who conducts training programs and courses for doctors and psychologists
- Experienced psychiatrist in the field of clinical and community mental health
- Speaker at various national and international forums on mental health issues
- A prominent feature in the columns of newspaper on the subject of mental health
- A prolific promoter of mental health who has played a huge role in enhancing the image of mental health in the country owing to his vast knowledge of Indian culture and its impact on mental wellbeing

# About Dosily

- Dosily is a just-in-time online medical learning platform powered by Medvarsity Online Limited.
- It solves the problem of the widening skill gap and the lack of time to upskill by offering online classes and medical courses across multiple specialties with updated and credible content curated by experts from the healthcare industry, specifically for medical professionals across all specializations.
- Dosily's curriculum claims a notable enhancement in the practice and continuous progression in the careers of healthcare professionals. The mentored workshops by **Dosily** provide the participants with a platform to learn from and interact with prominent practitioners in the healthcare industry.



# About FICCI

- Established in 1927, FICCI is the largest and oldest apex business organisation in India. Its history is closely interwoven with India's struggle for independence, its industrialization, and its emergence as one of the most rapidly growing global economies.
- A non-government, not-for-profit organisation, FICCI is the voice of India's business and industry. From influencing policy to encouraging debate, engaging with policy makers and civil society, FICCI articulates the views and concerns of industry. It serves its members from the Indian private and public corporate sectors and multinational companies, drawing its strength from diverse regional chambers of commerce and industry across states, reaching out to over 2,50,000 companies.
- FICCI provides a platform for networking and consensus building within and across sectors and is the first port of call for Indian industry, policy makers and the international business community.

