



Just-In-Time Online Medical
Learning Platform



An online mentored
workshop on how to

**Integrate
Mental Health and
Well-Being in Your
Organization's
Work Culture**





Featuring

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TIME: 11 AM - 1 PM

One of the biggest concerns faced by healthcare human resource management is that of mental health of healthcare workers. In a recent study, burnout and depression were noted to be nearly 40% in healthcare professionals, and in the times of the current crisis, 59% of healthcare workers say that their mental health has deteriorated.

The challenges faced by healthcare management pertaining to the mental health of the workforce are predominantly due to the diversity in the workforce in terms of job roles and the kind of stress employees go through. Being a part of a healthcare setup, healthcare workers are expected to cope-up with stress and continue their duty towards society. Furthermore, there is a stigma associated with addressing mental health problems when it comes to healthcare professionals. This significantly impacts the help-seeking behavior of healthcare professionals, which negatively mediates their working environment. As per a survey, **41% of healthcare professionals do not opt to communicate about the mental health issues that they go through.**

The magnitude of stress and burnout that arise from the unaddressed mental health problems of the healthcare workforce lead to challenges like high attrition rate and dissatisfaction amongst healthcare workforce, which becomes a major impediment to healthcare management as these problems have a direct impact on the quality of care at a hospital. So, it is important for healthcare management to put due emphasis on the mental health problems faced by the workforce.

By taking part in this Mentored Workshop, you will get a comprehensive coverage of -

The impact of mental health on your healthcare workforce

- Understand the aspects of mental health and mental illness in a healthcare workforce
- Know the unique reasons that contribute to the mental health of healthcare professional with respect to their job roles
- Gain insights on how healthcare management can play its role in addressing mental health challenges of a healthcare workforce and bring actionable solutions, thereby reducing stress and burnout

Common factors associated with mental health of healthcare employees

- Know the prevalence of psychological risk factors associated with the demanding job & long working hours and how to reduce the risks by implementing a concrete workforce wellbeing plan
- Understand the impact of harassment and violence on mental health of healthcare professionals
- Get an overview of other psychological hazards on mental health of healthcare workers and how to manage these problems



Promoting mental health in a healthcare organization

- Implementing work-directed interventions such as clarifying job roles in order to reduce stress of employees
- Creating a culture of clear communication on mental health in your healthcare workforce
- Identifying career goals of healthcare professionals, taking training initiatives, and driving motivation that improves mental wellbeing

Key outcomes of this mentored workshop

- Better workforce wellbeing leading to a better quality of care at your healthcare organization
- How to manage / identify common mental issues amongst healthcare workforce

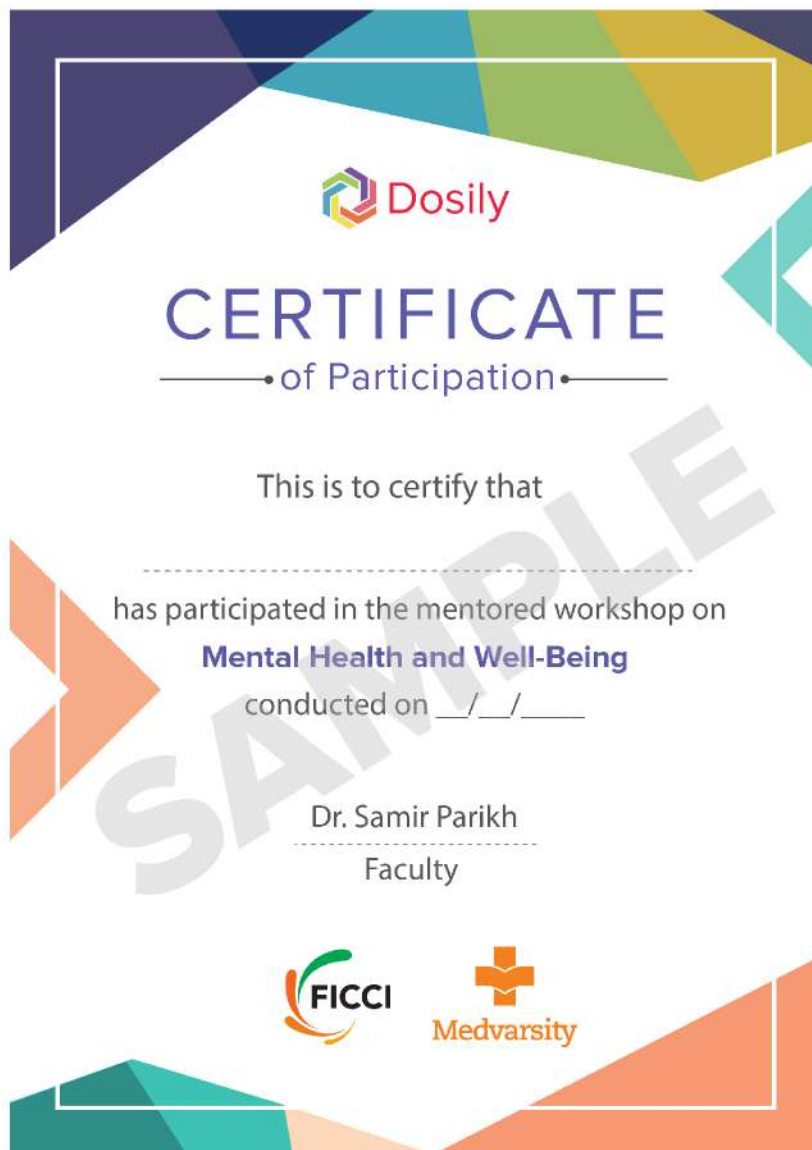


What will you get?

- Certificate from Dosily and FICCI after the completion of the session
- Privilege to be among only 50 attendees who will have a personal interaction with the expert - a dedicated Q&A session where you can ask your questions to the expert

Price of the Workshop **INR 8,000 + GST**

Number of Seats **50 no's**





About the Expert

- One of the leading academic experts in the field of mental health who conducts training programs and courses for doctors and psychologists
- Experienced psychiatrist in the field of clinical and community mental health
- Speaker at various national and international forums on mental health issues
- A prominent feature in the columns of newspaper on the subject of mental health
- A prolific promoter of mental health who has played a huge role in enhancing the image of mental health in the country owing to his vast knowledge of Indian culture and its impact on mental wellbeing

About Dosily

- Dosily is a just-in-time online medical learning platform powered by Medvarsity Online Limited.
- It solves the problem of the widening skill gap and the lack of time to upskill by offering online classes and medical courses across multiple specialties with updated and credible content curated by experts from the healthcare industry, specifically for medical professionals across all specializations.

- Dosily's curriculum claims a notable enhancement in the practice and continuous progression in the careers of healthcare professionals.
- The mentored workshops by Dosily provide the participants with a platform to learn from and interact with prominent practitioners in the healthcare industry.

About FICCI

- Established in 1927, FICCI is the largest and oldest apex business organisation in India. Its history is closely interwoven with India's struggle for independence, its industrialization, and its emergence as one of the most rapidly growing global economies.
- A non-government, not-for-profit organisation, FICCI is the voice of India's business and industry. From influencing policy to encouraging debate, engaging with policy makers and civil society, FICCI articulates the views and concerns of industry. It serves its members from the Indian private and public corporate sectors and multinational companies, drawing its strength from diverse regional chambers of commerce and industry across states, reaching out to over 2,50,000 companies.
- FICCI provides a platform for networking and consensus building within and across sectors and is the first port of call for Indian industry, policy makers and the international business community.





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