





Experience of Project 'Smart HWCs' in Almora District, Uttarakhand





Overview

Aim:

To partner with the Government to develop existing primary health facilities as demonstration models of 'Smart Health and Wellness Centres (HWCs)' to deliver Comprehensive Primary Health Care (CPHC)

MoUs with Government:

- NHM Uttarakhand for 7 PHC HWCs their 30 SHC-HWCs in Almora District, in March 2021
- Ministry of AYUSH, Govt. of India and Dept. of Ayurvedic and Unani Services, Govt. of Uttarakhand for 3 AYUSH HWCs in Almora District, in December 2021





Key Challenges Encountered (1/2)

Human Resources

- 50% of positions vacant in 5 out of 10 HWCs
- Major vacancies in posts of Nurses, ANMs, Lab Technicians and Multi-Purpose Health Workers
- Though sanctioned, specialist doctors not physically available in Community Health Centres (CHCs), adversely impacting specialist care at all HWCs

Financing

- Delays in disbursement of funds from State to District level
- District CMOs and MOs of HWCs do not have authority to utilise funds as per their ground level needs

Expanded Service Delivery

- PHCs, SHCs and AYUSH Dispensaries, now upgraded as HWCs, continue to provide same services as were being provided earlier; no significant expansion in service delivery
- Low level of awareness and training on added services amongst existing Staff, other than CHOs

Continuum of Care

- Lack of patient transfer/ambulance services, with trained manpower and roundthe-clock telemedicine at HWCs
- Referral linkages for specialist care non-existent; GPs available through esanjeevani, but no specialist doctors

Key Challenges Encountered (2/2)

Essential Drugs

- Centralised procurement results in non-availability and unnecessary delays
- Manual inventory management

Essential Diagnostics

- Partial labs operational in only 2 out of the 10 HWCs, and performing only 20 out of 40 tests- majority were rapid card tests
- No referral services for diagnostics existed in rest of the 8 HWCs

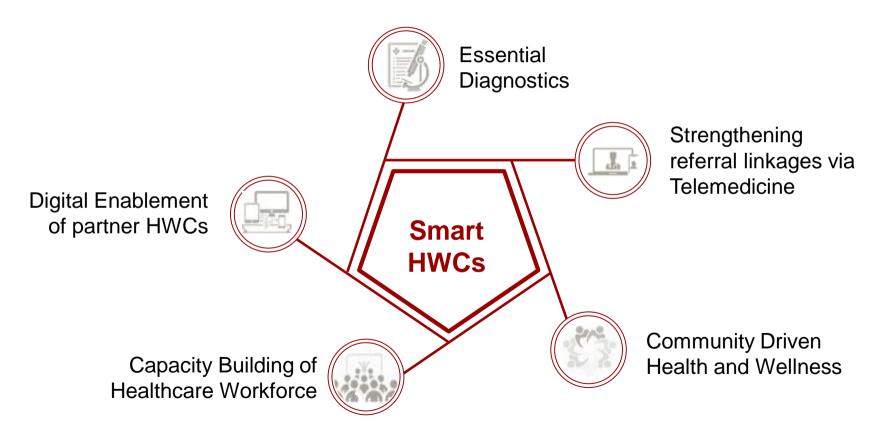
Digital and IT Services

- Broadband internet connectivity only in 2 HWCs; rest of the HWCs still rely on wireless mobile internet with poor connectivity
- IT equipment missing or dysfunctional in majority HWCs
- No EHR, LIMS or IT-based records existed; all data stored manually

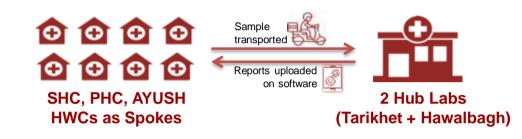
Infrastructure

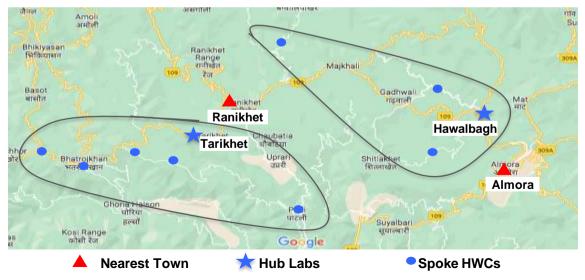
- Issue of water supply in 1 PHC-HWC and 1 AYUSH HWC
- Still use deep burial pits or incineration for Bio-Medical Waste management

ALVL Foundation Interventions



Hub and Spoke Model for Essential Diagnostics (1/2)





Hub and Spoke Model for Essential Diagnostics (2/2)

ALVLF Intervention:

- Developed the 2 existing labs as Hub Labs, linked remaining partner HWCs as spokes
- Deployed 2 Lab Technicians and 2 sample transport executives at Hub Labs
- Upgraded equipment to include Hematology and Biochemistry analysers, other basic lab instruments
- Expanded test menu from 20 to 40 tests
- Digitized the lab operations with IT equipment and LIMS

Hub Lab at Tarikhet PHC-HWC





Observed Impact

- Increase in footfall and overall utilisation of HWCs
- Reduction in out of pocket expenditure
 - Saving on essential diagnostics-Approx. Rs 450/patient
 - Saving on specialist teleconsultations & medication: Rs 700/patient
- Increased confidence and motivation amongst HWC Staff

"Our partnership with ALVL Foundation is unique and the first of its kind in this region. The Foundation is working very closely with my team to develop Tarikhet as a 'Smart HWC'. The Foundation's contribution in enabling essential diagnostics and telemedicine is remarkable."



Dr D S Nabiyal
Medical Officer In-Charge
Tarikhet PHC-HWC